

**Regional Sports Centre**

Kadavanthra, Cochin – 682 020

Website: [www.rsc-cochin.org](http://www.rsc-cochin.org) E-mail: [rsc-cochin@eth.net](mailto:rsc-cochin@eth.net)**CONTENTS**

	Page No.
1. Copy of the Notice of the General Body Meeting to be held on Saturday, the 19th September 2009	2
2. Members of the Governing Body	3
3. Members of the Executive Committee	4
4. Minutes of the General Body Meeting held on 27.09.2008	5
5. Report of the Executive Committee for the period 24.08.2008 to 27.08.2009.	10
6. Audited Accounts for the Financial Year 2008 – 2009	25
7. Facilities of the Centre under the caption “Promoting Sporting Culture”.	Back Cover

**NOTICE TO THE MEMBERS FOR THE GENERAL BODY MEETING**

(Published in the leading newspapers on 4.9.2009 as decided by the Executive Committee vide Rules 14 of the Memorandum of Association & Articles of Association of RSC)

The members are hereby informed that the General body meeting of the Regional Sports Centre, Kadavanthra, Kochi-682 020 will be held at 6.00 p.m. on Saturday, the 19<sup>th</sup> September, 2009 at the Centre, as per the following agenda: -

The Report of the Executive Committee for the period 24.08.2008 to 27.08.2009 and the Audited Accounts for the financial year 2008-2009 are enclosed herewith.

In order to ensure orderly discussion in the meeting, members are requested to send their points for discussion in writing to be received by the undersigned latest by 17<sup>th</sup> September, 2009 This is required for facilitating the collection of necessary information that has to be discussed in the meeting. The Chairperson desires that the members confine the discussions to the points already sent in writing by them. All members are requested to kindly make it convenient to attend the meeting.

**AGENDA**

- 1 Silent Prayer.
2. Confirmation of the minutes of the General Body Meeting held on 27<sup>th</sup> September 2008.
3. Passing of Report of the Executive Committee for the period 24.08.2008 to 27.08.2009.
4. Passing of the Audited Accounts for the year 2008-2009.
5. Appointment of Auditors for the year 2009-2010.
6. Discussion on the points submitted in writing by the members.
7. Any other matter with the permission of the Chair.

Kochi – 20  
27.08.2009

For REGIONAL SPORTS CENTRE  
Sd/-  
(Dr.Sunil K. Mathai)  
Hony. Secretary



---

## Members of the Governing Body

### **Chairperson**

**Dr.M Beena, IAS**

District Collector, Ernakulam

**Prof. K. V. Thomas**

Hon'ble Minister of State for Agriculture

(Hon'ble Member of Parliament)

**Lying vacant due to the resignation of Prof. K.V. Thomas**

Hon'ble Member of Legislative Assembly

**Prof. Mercy Williams**

Worshipful Mayor, Corporation of Kochi

**Smt. M.C. Josephine**

Chairperson, , G.C.D.A

**Shri O.P. Sachan, IRS**

Chief Commissioner of Income Tax, Cochin

**Shri Vinson M Paul, IPS**

I.G. of Police (Ernakulam Range)

**Shri Manoj Abraham, IPS**

Commissioner of Police, Kochi City & President, RSC

**Shri M. Vinod Kumar, IRS**

Commissioner of Central Excise, Cochin

**Shri B. Syed Mohammed, IRS**

Commissioner of Customs, Cochin

**Shri K.A. Antony**

Secretary, Kerala State Sports Council

**Dr. V. V. George**

Vice President, RSC

**Dr. Sunil K Mathai**

Hon. Secretary, RSC

**Shri V.Gopalakrishna Pillai**

Secretary, G.C.D.A. & Hon. Joint Secretary, RSC

**Shri V.P. Radhakrishnan**

Hon. Treasurer, RSC



---

## Members of the Executive Committee

**President**

**Shri Manoj Abraham, IPS**  
Commissioner of Police, Kochi City

**Vice President**

**Dr. V. V. George**

**Hon. Secretary**

**Dr. Sunil K. Mathai**

**Hon. Jt. Secretary**

**Shri Gopalakrishnapillai.V. (Ex. Officio)**  
Secretary (GCDA)

**Hon. Treasurer**

**Shri V.P. Radhakrishnan**

### Committee Members

**Shri P. G. Thomas, IAS ( Ex Officio)**  
Secretary, Corporation of Kochi

**Shri K. A. Shaji ( Ex Officio)**  
Executive Engineer, KSEB

**Shri M. M. Prabhakaran ( Ex Officio)**  
Executive Engineer, KWA

**Shri Yacub Mohan George (Ex Officio)**  
Executive Engineer, PWD (Building)

**Shri S.A.S. Navaz, IRS**  
Outstanding Sportsperson

**Shri V. Manohar Prabhu**

**Shri Balu V. George**

**Shri Paul T. Kunnath**

**Shri K.O. Thomas**

**Shri Anto David, IRS**

**Shri P.A.M. Ibrahim**



**Minutes of the Meeting of the General Body of the Regional Sports Centre, Cochin  
held at 6 pm on Saturday, the 27<sup>th</sup> September 2008.**

Dr. M. Beena IAS, District Collector, Ernakulam & Chairperson, RSC chaired the meeting. Mr. Manoj Abraham, IPS, City Police Commissioner & President, RSC, Mr. C.C. Jacob, IRS, Vice President, were present on the dais along with Messrs. George Thomas, Hon. Secretary & A.S. Suresh Shenoy, Hon. Treasurer. The Chairman mentioned that the Annual General Body Meeting that was initially fixed to be held at 6 pm on Saturday, the 20<sup>th</sup> September 2008 had to be postponed to 6 pm on Saturday, the 27<sup>th</sup> September 2008, due to lack of quorum and the same was duly informed to all the members through press & Notice. Forty three members were present for the meeting. Since quorum was required, the Chairperson commenced the meeting.

**1. Silent prayer for the departed souls.**

The Annual General Meeting commenced with a silent prayer for the departed souls.

The Chairperson mentioned that there was a suggestion by **Captain Alexander Francis (L-221)**

That before the prayer for the departed souls of members who passed away from the previous AGM till date, the Chairperson may briefly refer those members with details of name, age, date of passing away, name of spouse, number of children etc.

*The Chairperson mentioned that RSC has not been getting any information on this and that it could be tried during the next AGM. However, the Chairperson mentioned the name of the former Secretary and Vice President Mr. Rajendrakumar in whose memory, silence was observed.*

**2) Confirmation of the minutes of the Annual General Body Meeting held on 29<sup>th</sup> September 2007.**

**Mr. Sam Joseph (L – 1638)**

The report was to have been put up on the notice board and on the website a few days after the Annual General Body meeting held on 29<sup>th</sup> September, 2007 but was again purposefully not done intentionally. Why? Who will benefit from this? What is there to hide?

*It took RSC about a month to get the report signed by the District Collector as he was extremely busy with his pressing engagements. The day he signed the report, it was published on the notice board and website that it was available for perusal by members in our office. The Chairperson mentioned that such delays should not happen in future and that the report should be put on the website at the earliest to facilitate easy ready of the same by all the members.*

Mr Sam Joseph pointed out the following part of the minutes of the last General Body Meeting:

“**Mr. Sam Joseph** mentioned that subsequent to the renovation of the restaurant, a ladies bathroom has been removed and there were complaints in this regard. Presently there is only a single bathroom at the bottom portion exclusively for the ladies. Secondly, there were more entrances to the restaurant and as of now there is only one entrance which is creating a difficulty for the members, especially during rains. Also, all the concrete slabs have been demolished at the gents urinal situated by the side of the restaurant, thereby leading to indecent exposure. Renovation works have to be carried out at the above place also.

**The Hon. Secretary** clarified that the above mentioned toilet was a common toilet and was not meant for ladies alone. Subsequent to the renovation of the restaurant, the existing toilet was attached as a part of the A/c restaurant and a new toilet was constructed for the Non A/c restaurant.”

He reiterated that the toilet in question was a ladies’ toilet and not a common toilet as mentioned by the Hon Secretary.

The President mentioned that the same will be clarified immediately and the minutes of the last General Body Meeting would be corrected in case found necessary

**The minutes of the Annual General Body Meeting held on 29<sup>th</sup> September 2007 was unanimously confirmed by the Annual General Body meeting.**

**3) Passing of the Report of the Executive Committee for the period 01.09.07 to 23.08.08.**

The Chairperson mentioned that the report of the Executive Committee for the period 01.09.07 to 23.08.08 have already been circulated and requested the consent of the General Body for passing the same.

**The General Body unanimously passed the report of the Executive Committee for the period 01.09.07 to 23.08.08.**

**4) Passing of the Audited Accounts for the year 2007 – 2008.**

**The Chairperson** mentioned that the Audited Accounts for the year 2007 – 2008 have been circulated along with the notice of the General Body meeting and requested the consent of the General Body for passing the same.

**The General Body unanimously passed the Audited Accounts for the year 2007 – 2008.**

**5) Appointment of Auditors for the year 2008 – 2009.**

**The Hon. Treasurer** mentioned that the contract with the present Auditors M/s. Varma & Varma is still valid and that they have expressed willingness for reappointment on the same remuneration. The Chairperson requested the consent of the General Body for the appointment of M/s. Varma & Varma as the Auditors for the year 2008 – 2009.

**It was unanimously decided by the General Body to retain /s. Varma & Varma as Auditors for the year 2007 – 2008.**

**6) Election of Office Bearers for the next two years to be held on Sunday, the 26<sup>th</sup> October 2008 between 8.00 am & 1.00 pm.**

**The Chairperson** mentioned that the Election of the Office Bearers would be held between 8 am and 1 pm on Sunday, the 26<sup>th</sup> of October 2008 at the Centre and that the notification will come out on 7<sup>th</sup> October 2008. She read out the Election Details & Procedures mentioned in Page 3 of Annual Report. In this connection he also clarified that the issuance and receipt of the nominations forms will be done by the District Collector's Camp Office.

**7) Discussion on the points submitted in writing by the members.****Mr. Sam Joseph (L-1638)**

Mr. Sam Joseph sought permission to raise an issue which he had not submitted in writing. He was granted permission.

He mentioned that every effort should be taken to ensure that RSC is enabled to run the AGM through in its first sitting itself, by effectively communicating the date and details of the AGM to as many members as possible, thereby avoiding wastage of time and money.

The Hon Secretary stated that the postponed did not entail big expenditure and that he had taken every step possible to reach the notice of AGM to each and every one of the members of RSC. He lamented the lack of initiative by the members to update their membership particulars as and when they arise. This he felt was the reason for 400-500 notices being returned with the message "addressee not found". He however agreed that no effort will be spared to communicate the meeting particulars using the latest technologies.

**2. Hall Booking and Catering**

a) Recently a sad and miscalculated measure was adopted the Executive Committee in compelling people booking the A/c Conference hall and Mini Auditorium from ordering only the food from Matchpoint Restaurant or pay an additional amount of Rs.2,000/- hurting the sentiments of members, public and well wishers of RSC. The reasons pointed out by the Committee were unjustifiable.

b) Improper waste management was also cited as a reason although our own method of disposing the waste is mainly by dumping in the canal.

*This rule was applicable only for functions organized by non members. It was noticed that many people were overusing the facilities of the conference hall which is fit for use by only about 150 people with functions involving much larger numbers. Hence the imposition of the additional amount.*

The President mentioned that the fee was imposed as a two way measure, one to restrict the number of invitees to the conference hall and two, to pay for the disposal of waste by RSC's own staff. The Hon. Secretary also mentioned that many parties hosted by non members for prolonging late into the night, long after the RSC staff have left for the day. In their absence, the people who have booked the hall used to dispose off the waste by dumping the same into the canal. Meshing the canal to prevent dumping of waste into it was suggested and the President opined that it could be given serious thought. The Hon Secretary apprised the members about the bio gas plan in operation at the RSC. Mr. Sam requested that care should be taken to ensure that waste is not dumped near the Dhanwantari Ayurvedic Centre and that its premises are kept clean and free of dangerous hoardings and metal articles, usually left there by the decorators. The suggestion was noted for immediate action.

**3. 1st RSC ISE Fitness, Health & Beauty Expo**

A proposal for the holding of the 1st RSC ISE Fitness, Health & Beauty Expo by Regional Sports Centre in association with event managers ISE has been given wherein this will benefit the Centre by way of getting sponsorship of 4 sporting tournaments, free medical check ups for members, newsletter carrying RSC activities in addition to the event details, 5 sports and health related seminars in November, 2008. It is highly requested a sub committee be formed for studying the feasibility and getting the event through. Very rarely has the Centre conducted exhibitions of this nature although it is one of the aims of our Centre. This is in lieu of the rent for 2 days.

*The Chairperson mentioned that it has already been discussed in the Executive Committee and a study will be done on this proposal soon.*



## 4. Tennis

- a) The lighting of the tennis courts are insufficient and harmful to players eyes. Better lighting should be arranged.

*The Hon Secretary mentioned that Replacement of light fixtures is going on based on a feasibility study undertaken by Philips. Non availability of bulbs and other Phillips original fittings involved is forcing us to do it on a gradual basis. As and when we get these fixtures, replacement is being done. Mr. Sam Joseph opined that RSC should be able to get other companies' quotes so that replacement of light fixtures is done on a cost effective manner. The Chairperson stated that RSC could keep its options open and that in case other companies come forward to do the job at competitive rates, they could be welcomed to do the job.*

- b) Very many of the members and their children joined the Centre to avail the best tennis coaching possible. Even today this has become a distant dream. The RSC-MBTA coaching has failed to live up to its expectations in not providing physical training even equal to the one provided by the badminton coaches for their wards.

*It is found that tennis trainees are not keen to spend time for physical fitness. We have a common general fitness programme going daily under the Badminton coaches and players of all disciplines are welcome to join the same. It is unfortunate that despite several exhortations, none of the tennis players are regular in attending this programme.*

*Considering the inability of many tennis trainees to attend this fitness training which begins at 6.00 am every day, there was a suggestion that there could be a half an hour fitness session from 6.30 pm to 7.00 pm after the trainees finish their practice. No body is regularly making use of this facility as most people feel it is too late.*

*Mr. Sam mentioned that it should be enquired as to why Tennis players are averse to physical training whereas Badminton players are not. The President stated that it should be urgently looked into and if need be, some sports counseling should be resorted to, so that the Tennis trainees are educated about the need for physical training for enhanced performances.*

- c) The results of the students who have directly joined the Academy before taking training in other coaching centres is appalling. The top players in the Academy were either champions or top players previously before entering the Academy and performing very well today also due to their prior coaching experiences. The fees collected as commission from each tennis student varies from Rs.200/- to around Rs.800/- which is much higher than the actual fees for many other sports. Since advanced training is not found here it is high time to think of engaging even foreign coaches for elite tennis development here in the state similar to the lines of the Jimmy Connors Tennis Academy coming up in Pune. This will bring many children who had earlier backed out of this program into a better system.

*The President mentioned that trainees have to necessarily reach a certain standard before they can absorb training from a very high caliber coach. Once they come through the system which is now running in RSC, and if it is found that they require higher levels of coaching, it could definitely be thought of.*

*The Hon Secretary stated that the RSC-MBTA programme started three years ago, and the regular students have consistently started reaching the semi finals and quarter finals of the state level tournaments. It is too early to expect spectacular results from our trainees in such a short span of time. Once any of our trainees show the required potential, MBTA has the facility of identifying them and giving them advanced training at their elite centre in Bangalore, comparable to the best in the country. Ms. Bhavya who started Tennis at the RSC-MBTA a couple of years ago has been crowned State Champion in the Under 16 years Girls' Singles and runner up in the Under 18 Girls' Singles.*

*Mr. Sam mentioned that TTC, the main competitor for RSC in Tennis in Kerala has already engaged a foreign coach to enhance the level of trainees there. The Chairperson mentioned that RSC will also constantly look out for improving the coaching standards available in various games here.*

- d) The Head Coach K. Shankar is an excellent coach who has to be here for the four complete weeks instead of the present two which is insufficient for the serious students of the Game.

*The Chairperson mentioned that the Head Coach of the Centre is Mr. Man Singh and he is present on all the days of coaching. Mr. Shankar is Director, Coaching, South & West, MBTA and he is supposed to be present in RSC on 12 days a month as per the contract with MBTA. Considering the potential that RSC has, Mr. Shankar has shifted his residence to Ernakulam and is spending almost 15 to 20 days a month in Cochin. All this augurs well for the RSC-MBTA trainees. The Hon Secretary added that Gaurav Natekar, Head of the training programme, MBTA has agreed to visit RSC on a regular basis and that Mahesh Bhupathi has also agreed to visit RSC once in every 6 months.*

## 5. Weightlifting Room

- a) It is time now to expand the existing powerlifting room to accommodate Weight Lifting and buy the weights proposed earlier for the same purpose. This will amount to around Rs.1, 50, 000/- (Rupees One Lakh Fifty Thousand only).



- b) Weight Lifting coaching should also begin in RSC. I believe the Sports Council has a scheme wherein if ten students are there in a centre then they provide a coach free of charge for the training. I feel the Centre should get the ball rolling.

*We have already started weightlifting room and we find that regular usage is very less and that it is being maximum used only during the coaching camps in various disciplines held here and there will be respective coaches to take care of the weightlifting coaching.*

*The Hon Secretary mentioned that Kerala State Sports Council is not in a position to spare any Weightlifting coaches to RSC. The President mentioned that expansion of the weight lifting room can be discussed in the Executive Committee and based on the discussions; and that a decision on the same could be taken*

#### 6. Sports Funding

The Centre has thoughtfully chalked out a wonderful scheme for the promotion of various sports and games in the Centre wherein the name RSC is included in the Title of the event by giving Rs.5,000/- (Rupees Five Thousand only) towards the conduct of the event. Now that the debts are cleared, major construction works are over and the Centre is getting over Rs.50,00,000/- (Rupees Fifty Lakhs only) in rental income annually more of this income should be utilized for funding more sports activities in the following manner which may be modified in many ways for the best possible result.

- a) District level event - Rs.5, 000/- (Rupees Five Thousand only)
- b) State level event - Rs.7, 500/- to Rs.10, 000/- (Rupees Seven Thousand Five Hundred only) to (Rupees Ten Thousand only)
- c) All India to National level event - Rs.25, 000/- to Rs.40, 000/- (Rupees Twenty Five Thousand only) to (Rupees Forty Thousand only)
- d) And at least one International Championship - Rs.75, 000/- to Rs.150, 000/- (Rupees Seventy Five Thousand only) to (Rupees One Lakh Fifty Thousand only)

RSC can afford this and doing such promotion will bring more fame to the Centre as well as many possible foreign funding for such programmes with additional better internet marketing.

*The Hon Secretary mentioned that the Centre is conducting many tournaments on its own and jointly with many organizations. In many disciplines we find that there are multiple associations requesting us to host their tournaments. Due to sponsorship constraints and too many requests from various associations, the suggested practice will be difficult. The Chairperson and President stated that RSC is not in such a position to take care of the financial requirements of all the sport bodies who want to conduct tournaments.*

#### 7. Coaching Facilities

- a) RSC definitely needs more coaching facilities. This has to be looked into seriously and sports and games identified and classified for beginners, intermediate and advanced coaching. Initially there will be many hiccups but that can be cleared along the way.

#### 8. Dynamic Website

- a) The RSC website has to become much more dynamic in content and character. More pictures, sounds and videos can be added. Coaching programmes can be shown on the site for even outsiders to evaluate and on a studied basis encourage people to send their children for training our Centre.
- b) Address updation has to take place when a member updates information which has to be linked to central information system for the RSC administrators to know when to make the official corrections in books of records.

*The Chairperson welcomed the above suggestions and mentioned that RSC would upgrade its website so that it could encompass all the suggestions made.*

### B) Captain Alexander Francis (L-221)

#### 01. AGM should start with a prayer

*The Chairperson mentioned that this has been already adhered to*

#### 02. The number of meetings of the Board and the Committee during the year and policy decisions (major). Preferably, names of members who attended all the meetings.

*The Chairperson stated that from the date of the last AGM, we have had eleven Executive Committee Meetings and Mr. George Thomas, Hon. Secretary and Mr. Manohar Prabhu have attended all these meetings.*

#### 03. The possibility of using Bio-gas fully for the kitchen be explained.

*The Chairperson stated that sufficient quantity of bio-waste, required by our bio-gas plant, for running our kitchen fully, is not available regularly, on a day to day basis.*

#### 04. Whether all the Tenders above the limit fixed for Open Tenders were advertised and the contracts were awarded to the lowest offer received.

*The Chairperson explained that all tenders above the limit fixed had been advertised in one leading Malayalam and one English daily Newspaper, our website and our notice board. A committee had been constituted out of Executive Committee members to open the tenders and finalise the contracts. After*



*opening the tender, the same committee called the lowest quoted people for further negotiations. We had accepted the lowest quotation always.*

05. Whether or not any contract awarded to close relatives of the members of the Board or Committee. *The Chairperson said that the answer was an emphatic "No".*

**C) Mr. E.V. Jose (L-991)**

1. Water logging of Jogging Tack: Presently, jogging track / walkway at the northern end and the mini-football ground get slushy and water logged at every rain. Necessary action may be taken to avoid water logging; viz. construction of drainage at the northern side of the walkway (outside the RSC compound).

*The Chairperson mentioned that this was already taken up in the last AGM. We are trying for a sponsor for doing the above job along with complete renovation of the football ground. We have already discussed with many people about this and we hope that this work will be done in the near future.*

02. Pot holes on the road at the eastern side of the RSC: Action may be taken to fill / repair the two big pot holes on the road at the eastern side of the RSC, to avoid serious accidents.

*The Chairperson mentioned that these works fall outside the purview of RSC and we are not authorized to do any work on the roads. We have already taken up the matter with PWD for doing the needful.*

03. Parking of vehicles inside the stadium premises: Parking of vehicles of non-members inside the stadium premises may be restricted.

*The Chairperson stated that Non members' vehicles are permitted inside the stadium premises only in case of people who have booked the residential rooms for staying and in case of people who have booked the indoor stadium or conference hall for functions. Otherwise, we are restricting the non members by issuing Car stickers to members.*

**D) Request from Sandeep Nair & Ajit Raj for allotment of indoor halls for marriages on week days as auspicious days fall on week days.**

*The Hon Secretary mentioned that he had been getting several requests stating that in case of marriages of members and their children, the indoor hall should be let out. The suggestion was accepted by the members.*

**Request from the Ernakulam District Rifle Association to put up a rifle training centre at RSC with coaches from Navy.**

*The President mentioned that RSC will try to establish a rifle centre at RSC and try to get the help of ace coach Sunny Thomas. If the detailed proposal is given, raising sponsorship of the centre could also be looked into. Mr. Sam requested that the rifle centre should not cause damage to the power lifting room.*

**Point raised by Member Mr. K. Thomas - Re-roofing of the Indoor Stadium was recently done but, still leakages are there:**

*The Hon Secretary said that a fool-proof roofing of such a huge area is nearly impossible. In the contract, a six-month trial period has been mentioned. Since the contractor is an RSC member, he is on hand to see where the leakages are during rains and every effort is being taken to plug the leakages within a month's time.*

**Mr. M.F. Mundaden suggested that the Beijing Olympic medal winners be congratulated during the occasion**

*The Chairperson congratulated the Indian medal winners at the Beijing Olympiad on behalf of the RSC members. The Hon Secretary congratulated all the trainees of RSC who had done wonderfully well during the last year like Shankar Gopan, Alwyn Francis, Suraj. P.H, Daya Elsa Jacob (Badminton), C.H. Meghana (Chess), Akhil Joseph, Joshi (Football)*

Mr. Sam Joseph mentioned that several sporting events conducted by RSC are not finding its presence in the press and the names of several sponsors who have made many of those events possible are not mentioned in the Annual souvenir.

The Hon Secretary mentioned that there have been many suggestions to roof the skating rink area so that the area could be gainfully used. He said that if the AGM could permit, the proposal could be studied and an EGM summoned to look into the proposal in detail. Mr. Sam Joseph added that a joint venture with the Kerala State Sports Council would be a better suggestion so that a multi storied sports centre could come up in that area.

**The Chairperson** stated that the Annual General Body meeting had come to an end and thanked the members for their co-operation in the smooth conduct of the meeting.

Cochin  
27.09.08

Sd/-  
(Dr. M. Beena, IAS)  
District Collector & Chairperson, RSC



---

**REPORT OF THE EXECUTIVE COMMITTEE FOR THE PERIOD**  
**24.08.2008 to 27.08.2009**

**Obituary:**

The Regional Sports Centre pays its tributes to late Shri M.J. Jacob, Former Secretary of RSC & late Shri T.K.Ravindran,(Ex-officio), Secretary, GCD&A & Executive Committee Member-RSC, who passed away on 30<sup>th</sup> January, 2009 & 23<sup>rd</sup> August, 2009 respectively.

**Introduction:**

The Executive Committee takes pleasure in presenting before you the report for the period 24.08.2008 to 27.08.2009.

The notice for the AGM was served to be held on 20.09.2008 but due to lack of adequate quorum, it was held on 27.09.2008 as per rules. The election to the office of Regional Sports Centre was held on 26.10.2008 and the following members were elected as office bearers for the term 2008-2010.

Vice-President:	Dr. V.V. George
Hony. Secretary:	Dr. Sunil K. Mathai
Hony. Treasurer:	Shri V.P. Radhakrishnan
Executive Committee (OSP):	Shri S.A.S. Navaz, IRS
Executive Committee:	Shri Manohar V. Prabhu
	Shri Balu V. George
	Shri Paul T. Kunnath
	Shri K.O. Thomas
	Shri Anto David, IRS
	Shri P.A.M. Ibrahim

The present Executive Committee took charge of the affairs of the Centre w.e.f. 30.10.2008. Clear objectives and plans were formulated for short-term and long-term projects in the first committee meeting itself.

**Short-Term Projects:****1. Membership Drive:**

The aim of the Executive Committee was to make the Centre financially strong so as to carry with its sports promotional objectives. Membership Drive was opened up and 108 Life and 3 Ordinary members have joined our RSC family. This has generated a capital income of Rs.72,00,000/- lakhs, which is being utilized for developing the infrastructure of the sports Centre.

**2. Tiling of the Reception area:**

An ornamental tiling of 3200 sq.ft. was laid in front of the Reception Area and was completed at a total cost of Rs. 2.1 lakhs. This was to keep the area clean and provide a face-lift for the RSC premises.

**3. Replacement of the lift:**

The dilapidated manual lift on the Reception Side has been replaced with a fully automatic KONE Elevator at a cost of Rs.11 lakhs. This will aid in speedy room service and easy transit for elders.

**4. Painting and House keeping:**

The A/C Conference Hall, Mini Conference Halls and the ground floor rooms have been given



face –lift by texture painting. The Air-conditioners were repaired and the carpentry work were also attended to at a total cost of Rs.60,000/-.

**5. Water pipeline repair:**

The blocked pipes of the Kerala Water Authority, which resulted in revenue loss and decreased water flow to our tanks were repaired leading to a revenue gain of approximately Rs. 50,000/- per month.

**6. Revamping of RSC Badminton Coaching Academy:**

The major problem faced by our existing Badminton Academy was that, though State level players were produced, the performance in the National Tournaments was poor. In an attempt to rectify the situation, the Executive Committee decided to appoint Shri M.J. Mohanachandran Nair, Senior NIS Coach of the Kerala State Sports Council who had a proven record for having produced national players, as Chief Coach of RSC Badminton Academy. He is ably assisted by Shri T.R.Balachandran as a coach-cum-Physical Trainer. Shri Bose T. Ninan, NIS Coach is handling the stage I & Shri Antony & Shri Srikanth are appointed in stage-I and beginners category respectively giving support to Shri Balagopalan Thampi, our Veteran Coach.

Our efforts bore fruits during the National Tournament held by RSC in June, 2009, 6 players became finalists and three of them ended up in the Indian Team. Badminton Coaching Academy received further boost with Shri Hadi Idris Indonesian coach of the Indian National Team & five other National Coaches joined Summer Coaching Camp as a part of the Junior National Camp hosted by RSC.

**Long Term Projects:**

**1. Construction of RSC Mini Stadium:**

This project was conceived by the Executive Committee in lieu of the forthcoming National Games of which Kochi is a venue for mainly Badminton and Table Tennis. A Project Report for the Mini Stadium to be utilized for the conduct of the Games was presented before the Government of Kerala. We are still awaiting sanction for the same.

**2. Green Turfing of the Foot Ball Ground & Synthetic Jogging Track:**

The committee is looking for sponsors for these projects, costing approximately Rs. 1 crore. This would aid in enhancing warm-up facilities for all disciplines of sports as well as providing a thrust to the Foot Ball Academy.

**RSC Summer Coaching Camp:**

The Summer Coaching Camp held from 1<sup>st</sup> April to 23<sup>rd</sup> May, 2009. Shri T.P. Dasan, President, Kerala State Sports Council, Trivandrum inaugurated the Coaching Camp on Friday, the 3<sup>rd</sup> April. The function was graced by Shri Zakkir Hussain, President, Ernakulam District Sports Council and prominent coaches, trainees and Sports luminaries. A record number of 2700 children in 29 disciplines under 50 renowned coaches attended the RSC Summer Coaching Camp. The coaching was imparted in Athletics & General Training, Bridge, Carrom, Basket Ball, Billiards & Snooker, Checkers, Chess, Cricket, Football, Fencing, Judo, Handball, Karate, Kalari, Kung fu, Magic class, Scrabble, Shuttle Badminton, Powerlifting, Skating, Swimming, Table Tennis, Taekwondo, Tennis, Volley Ball and Yoga.

Apart from this, lessons in outdoor sports like horse-riding, yachting; golf, personality development & piano classes were also offered.

Along with the RSC Summer Coaching Camp, National Badminton Coaching Camp for U/19, category was also conducted. 12 of the RSC players in the advanced stage, were included in this National Camp which benefited them for the ensuing tournaments. Indonesian coach, Shri Hadi Idris spearheaded this

camp. We were able to incorporate students from the District Sports Council and free coaching was imparted to them.

### **Annual Day of RSC:**

The Regional Sports Centre celebrated its Annual Day on 23<sup>rd</sup> May 2009 with a cultural extravaganza followed by dinner. A musical troupe led by Shri Salish Shyam of Calicut presented a fusion musical programme emulating Shri A.R. Rahman. The Hon'ble Sports Minister, Shri M. Vijayakumar was the Chief Guest of the day and a huge crowd of more than 2500 gathered to greet him. In his speech, the Minister emphasized that RSC was a Premium Sporting Centre of the State and all efforts would be put in from the Ministry in the political and administrative level to make it a "***Centre of Excellence in Sports & Games***". The President, Shri Manoj Abraham, IPS presided the meeting. All the Committee Members attended it. The coaches who participated in the Summer Coaching Camp were honoured on the occasion along with Master Abishek & Master Akhil of RSC Foot Ball Academy who were selected to the Indian Team.

### **Sporting Events in RSC:**

1. **RSC MBTT In-house Tournament:**

The Tennis Academy conducted the tournament on 25<sup>th</sup> and 26<sup>th</sup> January 2009. 50 children from the Coaching Camp participated in the tournament. Events were conducted in the U/10, U/12, U/14, U/16 and senior categories.

2. **RSC All Kerala Inter School & Club Hand Ball Tournament:**

68 teams from various districts participated in this tournament held from 21<sup>st</sup> to 23<sup>rd</sup> February 2009. Shri Zakkir Hussain, President, Ernakulam District Sports Council inaugurated the tournament and Shri Manoj Abraham, IPS, President, RSC distributed prizes to the winners. The participation of 68 schools was mainly due to the relentless efforts taken by the coach Shri Bennyson. We place on record the appreciation of the committee on the efforts taken by Shri Bennyson in this regard to make the tournament a Grand Success.

3. **RSC All Kerala Inter School Futsal Soccer Tournament:**

15 teams participated in this tournament held from 24<sup>th</sup> February 2009 till 28<sup>th</sup> February 2009. Shri M.M. Abdul Rehman, IPS (Rtd), President of the Kerala Olympics Association inaugurated the tournament and Shri Zakir Hussain, President; Ernakulam District Sports Council distributed prizes.

4. **RSC In-house Futsal Tournament:**

Eight in-house teams participated in the 5 member Futsal tournament and the team led by Shri Dawal (Shuttle Badminton player) won the tournament. A cash prize of Rs. 5,000/- was given for the winner.

5. **9<sup>th</sup> United India Insurance – RSC All India Junior Ranking Badminton Tournament 2009:**

This tournament was conducted in the Rajiv Gandhi Indoor Stadium of the Centre between 8<sup>th</sup> & 13<sup>th</sup> June, 2009. Events in the age group of U/13, U/16 and U/19 categories were conducted. The tournament was inaugurated by Shri B.Krishnamurthy, Dy. General Manager, M/s. United India Insurance Co.Ltd., our main and title sponsor. Shri Antony K.A., Secretary, Kerala Sports Council and Shri Zakir Hussain, President, Ernakulam District Sports Council were guests of honour. The Chairperson, RSC & District Collector, Ernakulam, Dr. M. Beena, IAS gave away the prizes to the winners on the concluding day. In six events RSC players were finalists.

**6. Ernakulam District Shuttle Badminton Championship 2009:**

The tournament was conducted at the Rajiv Gandhi Indoor Stadium on 21<sup>st</sup> and 22<sup>nd</sup> July 2009. Shri Zakkir Hussian, President, Ernakulam District Sports Council inaugurated the tournament. Events were conducted in the U/10, U/13, U/16 & U/19, Men & Women, and Masters & Veterans' categories. Members of RSC and RSC Badminton Academy won the majority of the titles at stake.

**7. Kerala Sub Junior Inter District & State Badminton Championship 2009:**

The tournament was conducted in the Centre from 12<sup>th</sup> August 2009 to 15<sup>th</sup> August 2009. Players from 14 districts participated in the tournament which was inaugurated by Shri V.G.Govindan Nair, Former President of the District Sports Council and the Director of Prosecutions, Kerala High Court. In the closing ceremony, Shri K.A. Antony, Secretary, Kerala State Sports Council gave away the prizes to the winners and runners-up. The Ever-Rolling Trophy in the name of Dr. Varghese Puthooran for the winner of Sub-Junior Boys Singles title was given away by his widow, Dr. Susy Verghese.

**8. Kerala State Junior Taekwondo Championship:**

The tournament was conducted in the Rajiv Gandhi Indoor Stadium of the Centre on 10<sup>th</sup> & 11<sup>th</sup> July 2009. The Worshipful Mayor of Kochi, Smt. Mercy Williams inaugurated the tournament and Shri S.Madhusoodanan, Preident, Kerala Taekwondo Association, presided over the function.

**9. 50<sup>th</sup> Kerala State Senior Billiards & Snooker Championship 2009-2010 & 36<sup>th</sup> Kerala State Junior Billiards & Snooker Championship 2009-2010:**

The Tournament was conducted in the Centre from 18<sup>th</sup> July 2009 to 25<sup>th</sup> July 2009 The Tournament was inaugurated by Dr. Sunil K. Mathai, Hony. Secretary of RSC. Shri M.F. Mundadan, President, Kerala State Billiards Association, presided over the function.

**10. RSC In-house Chess Tournament:**

RSC Chess Academy has been conducting regular monthly tournaments for the trainees & local school students. Shri Antony, Coach of the Chess Academy was instrumental in conducting these tournaments.

**11. Forthcoming Tournaments:**

- i) DBFS Securities- RSC International Rating Chess Tournament (2<sup>nd</sup> Edition) is scheduled to be conducted in the Centre from 19<sup>th</sup> to 24<sup>th</sup> September 2009. We thank the title sponsor Shri Prince George of DBFS Securities.
- ii) RSC All Kerala Open Prize Money Table Tennis Tournament on 9<sup>th</sup> & 10<sup>th</sup> Oct. 2009
- iii) 8<sup>th</sup> RSC Basket Ball Tournament is to be conducted in the Centre from 12<sup>th</sup> to 18<sup>th</sup> October 2009.
- iv) International Karate Tournament is to be conducted in the Centre during December 2009.

**Achievements of trainees of RSC Badminton Academy:****INTERNATIONAL:**

The proudest moment of the Academy was when three of the RSC Badminton Academy Players were selected to the Indian Team in the Junior and Sub-junior categories. M/s. Megha Merin Ninan, Arathi Sara Sunil and Arun George were selected to represent India in the Junior and Sub junior categories. The coach of the Indian Sub-Junior team was RSC Chief coach Shri M. J. Mohanachandran under whose stewardship the Indian Team won the Bronze medal in the ABC Tournament held at Colombo.



### NATIONAL LEVEL ACHIEVEMENTS:

The following players, whose names figure in the list below, have made RSC proud by emerging winners/ runners-up in the singles & doubles categories of National Tournaments. In the U/19 category of the National School Team Badminton Championship held at Vishakapatnam on 5<sup>th</sup> February, 2009, M/s Megha Merin Ninan and Linimol P.S. were winners.

### STATE LEVEL PERFORMANCE:

RSC Academy players represented the State teams in various categories, details of which are listed below.

The above achievements in the International, National & State level of the trainees of RSC Badminton Academy highlight the sincerity and dedication of the RSC coaches comprising of Chief Coach Shri M.J. Mohanachandran Nair, Physical Trainer & Coach Shri T.R.Balachandran, Veteran Coach Shri Balagopalan Thampi, NIS Coach Shri Bose Ninan, and Coaches Shri Srikanth & Shri Antony. K. Jacob.

The Centre also congratulates Shri M.J. Mohanachandran Nair for being selected as the National Coach for the Indian Sub Junior Team which competed in ABC Colombo and won Bronze Medal in the boys' events.

## **List of Achievement of RSC players who participated in various tournaments during 2009:**

### SHUTTLE BADMINTON:-

#### SUB JUNIOR STATE CHAMPIONSHIP

Boys Singles – U/10	Kiran George	Winner
	Hari Govind	Runner up
Girls Singles – U/10	Raza Farhath	Winner
Boys Doubles – U/10	Kiran George & Jacob Stephen	Winner
Boys Doubles- U/10	Hari Govind & Rohit K. Victor	Runner up
Boys Singles – U/13	M.R.Arjun	Winner
	Febin Dilip	Runner up
	Rohit K. Victor	3 <sup>rd</sup> place
Girls Singles – U/13	Shreya Bose	3 <sup>rd</sup> place
Boys Doubles – U/13	M.R.Arjun & Dhanush.S	Winners
	Febin & Rohit Victor	Runners- up
Girls Doubles – U-13	Shreya Bose & Cynda	Winners.
	Percy.	
Boys Singles – U/16	Sharon Raphel	Winner
	Arun George	Runner up
	Pranav Satheesh	3 <sup>rd</sup> place.
Girls Single – U/16	Arathi Sara Sunil	Winner
	Boneetha Bose	Runner up
Boys Doubles – U/16	Sharon Raphel & Pranav Satheesh	Winners
	Ashwin K.Paul	Runner up
Girls Doubles – U/16	Boneetha Bose & Sneha Shantilal	Winners

**JUNIOR STATE CHAMPIONSHIPS**

Boys Singles – U/19	K.Ravisankar	Winner
Girls Singles – U/19	Daya Elsa Jacob	Runner up
Girls Singles – U/19	Arathi Sara Sunil	3 <sup>rd</sup> place
Boys Doubles- U/19	Sharon Raphel & Pranav Satheesh	Winner
Girls Doubles- U/19	Mega Merin Ninan & Linimoll P.S.	Winner
Mixed Doubles – U/19	Daya Elsa Jacob	Runner up
	Linimol P.S.	Runner up

**SENIOR STATE CHAMPIONSHIPS.**

Mens Singles	Thomas Kurien	Winner
	Antony K. Jacob	Runner up
	Joy T.Antony.	3 <sup>rd</sup> place
Women's singles	Daya Elsa Jacob	Runner up
	Arathi Sara Sunil	3 <sup>rd</sup> place
Mens Doubles	Shankar P.Gopan & Alwin Francis	Winner
	Jaseel P. Ismail & Jaisen Xaviour	Runners up
	Megha Merin Ninan	Winner
Womens Doubles	Linimol P.S. & Anumol P.S.	Runners up
	Megha Merin Ninan	Winner
Mixed Doubles	Sooraj P.V.	Runner Up.
	Bose Ninan and Johnson M.F.	Winner
Veteran Doubles	Bose Ninan and Johnson M.F.	Winner
Veteran Singles	Percy Joseph	Runner up.

**SCHOOLS NATIONAL CHAMPIONSHIP AT VISHAKAPATNAM**

U/19 Team Championship – Winner – Members: Megha Merin Ninan & Linimol P.S.

U/19 Individuals Singles – Runner-up : Megha Merin Ninan

**XIX KRISHNA KHAITAN ALL INDIA JUNIOR RANKING BADMINTON****TOURNAMENT-2009 IN CHENNAI.**

Girls Doubles – U/19	P.S.Linymol & Megha Merin Ninan	3 <sup>rd</sup> place
Girls Doubles -U/16	Arathi Sara Sunil	Winner
Girls Singles -U/16	Arathi Sara Sunil	3 <sup>rd</sup> place
Mixed Doubles- U/19	Mega Merin Ninan	Runner up

**9<sup>TH</sup> UNITED INDIA INSURANCE RSC ALL INDIA JUNIOR RANKING  
BADMINTON TOURNAMENT AT KOCHI.**

Boys Singles – U/13	Arjun M.R.	Runner up
Boys Doubles-U/16	Arun George	Runner Up
Boys Doubles- U/13	Arjun M.R.	3 <sup>rd</sup> place
Girls Doubles- U/16	Arathi Sara Sunil	Runner up
Mixed Doubles- U/16	Megha Merin Ninan	Runner up



**8<sup>TH</sup> UNION BANK ALL INDIA JUNIOR RANKING BADMINTON  
TOURNAMENT, BANGALORE-2009.**

Girls Singles -U/16	Arathi Sara Sunil	Runner up
Boys Doubles- U/16	Arun George	Winner
	Pranav Satheesh & Sharon Raphel	3 <sup>rd</sup> place -do-
Girls Doubles- U/16	Arathi Sara Sunil	3 <sup>rd</sup> place

**REPRESENTED INDIA**

Megha Merin Ninan- U/19 ABC -Malaysia –2009

Selected for World Junior Championship – Malaysia-2009

Arun George - Youth Asia Badminton U/16 Championship – Colombo, Srilanka-2009

Arathi Sara Sunil – Youth Asia Badminton U/16 Championship – Colombo, Srilanka-2009.

**INTERNATIONAL RESULTS**

Boys – U/16 ABC at Colombo (Srilanka) .. Arun George – Bronze Medalist in Boys Team Championships.

Arathi Sara Sunil & Arun George – Mixed Doubles Quarter Finalists in U/16 ABC

Shri M.J.Mohanachandran Nair, Chief Coach of RSC Badminton Academy was the team coach for U/16 ABC Team at Colombo which won four medals in Boys Team Championship – Bronze, In Individual Championship – Silver medal in Boys Doubles & Bronze medal in Girls Singles and Bronze Medal in Boys Singles. *This is the first time in Indian Badminton history.*

**TABLE TENNIS:**

KOLLAM YMCA ALL KERALA OPEN PRIZING TABLE TENNIS TOURNAMENT 2009 was conducted at YMCA, Kollam between 7<sup>th</sup> to 9<sup>th</sup> August, 2009. RSC players viz., Mishal Dilawar, Nandini Menon and Gayatri Girish had participated . Shri Mishal Dilawar won in Non Medalist & Cadet Boys. Nandini Menon & Gayatri Girish were runners-up in Cadet girls & Jr. girls. Both M/s. Gayatri Girish & Mishal Dilawar reached the Semi Finals in women, sub-junior girls & sub jr. boys respectively.

53<sup>RD</sup> ALAPPUZHA YMCA ALL KERALA OPEN PRIZE MONEY TABLE TENNIS TOURNAMENT for E.John Philipose Memorial Trophy from July 31 to 2<sup>nd</sup> August,2009. the following are the results of RSC players:-

Mens Doubles: Winners - Vyshak Ravi & Umesh Mahadevan

Sub Junior Boys: Runner – Mishal Dilawar.

Sub junior Girls. Runner – Gayatri Girish

Cadet Boys: Runner – Mishal Dilawar

Cadet Girls Runner - Nandini Menon

Mini Cadet Boys: Semi Finalist - Bharath.M.

Mini Cadet Girls Semi Finalist : Treasa Mani.

**TENNIS:**

54<sup>TH</sup> K.G. MENON MEMORIAL ALL KERALA TENNIS TOURNAMENT WAS HELD IN TRIVANDRUM TENNIS CLUB from 30<sup>th</sup> January 2009 to 3<sup>rd</sup> February 2009. M/s. Reynold Timothy, Adithya Bhat & Vikram Ramesh came up with excellent performances finishing Winners & Runners-up.



K.C.M. MATHER TROPHY INTER DISTRICT TENNIS TOURNAMENT was conducted in the Centre on 24<sup>th</sup> February, 2009. RSC players, M/s. Rynold Timothy, Jacob T. Mathew, Mansingh Thapa and Dr. Sanjay Cherian brought laurels to the Centre.

### **FOOT BALL:**

In the Vision India Unit Football tournament held at the Maharaja's College Ground, Ernakulam in February 2009, RSC Foot Ball Academy players Shri N. Shriith Thomas was selected as "**Best Defender**". Shri Bibin Babu became the best mid fielder and Shri Akhilesh. N. Joshy became the top scorer.

### **SWIMMING:**

- a) Remita Singh won one gold and 4 silvers in the Dist. Meet and 3 silver and one Bronze in the State Meet.
- b) Marvin Joseph won achieved one Bronze in the District Meet and two silvers in Relays in the State Meet.
- c) Inder Preeth Kaur won 4 silvers and 1 bronze in the District. Meet and participated in the State meet.
- d) Aravind Sateesh won 2 silvers and one bronze in the District Meet and also participated in the State meet.
- e) Vilas Raj Tejrathna won one bronze in the District Meet and participated in the State Meet.
- f) Rekha Jolly won one gold and 2 bronzes in the District Meet
- g) Reshma Jolly – she achieved 2 silver and one Bronze in Dist. Meet. She did not participate in State meet.

### **CHESS**

Shri Chander Raju (RSC- **Chess** Academy player) won the 3<sup>rd</sup> place in the U/11 State Chess championship conducted in YMCA, Trivandrum on 7<sup>th</sup> June 2009.

Shri Chander Raju won the U/10 Chess Championship of XXI CUSAT INTERNATIONAL FIDE RATING CHESS TOURNAMENT-2009 conducted at Kochi University from 25<sup>th</sup> to 30<sup>th</sup> June, 2009. He also secured a current year **FIDE** rating.

### **FENCING**

#### **XVIth KERALA FENCING CHAMPIONSHIP-2009**

The following RSC players brought laurels in the **16<sup>th</sup> KERALA FENCING CHAMPIONSHIP-2009:**

Aishwarya Nair secured gold in the Epee Sub- Jr. Girls  
Nitin C. Joseph secured silver in the Foil sub jr. boys  
Tania Marium secured silver in the Epee Sub Jr. Girls  
Aldus George secured bronze in the – Foil Sub Jr. Boys  
Anjana Jayaraj secured bronze in the Epee Sub Junior Girls.  
Anu Joe secured bronze in the Epee Sub jr. Girls  
Arjun C. Shekher secured bronze in the Epee Sub Junior boys.  
Sona C. Shekher secured bronze in the - Foil sub junior girls  
Sharanya S.Nair secured bornze in the Cadet category foil.

**BILLIARDS & SNOOKERS:**

RSC players M/s. Akhil Johnson & Hussain Z. Kochiwala will be representing the State in the forthcoming National Billiards and Snooker Championships scheduled to be conducted in September 2009 in Agra (U.P.)

**MISCELLANEOUS SPORTING EVENTS:**

1. A Corporate Olympics 2009 was conducted from 11<sup>th</sup> May 2009 to 15<sup>th</sup> May 2009 in the Centre, which was organized by Impresario Event Management India Ltd.
2. An Indoor Cricket Tournament was organized by the Youth Wing of the Kerala Merchants Union from 22<sup>nd</sup> July 2009 to 25<sup>th</sup> July 2009.
3. Special Olympics were organized by Y.M.C.A. From 3<sup>rd</sup> to 7<sup>th</sup> August 2009.
4. The Southern Railway Badminton Coaching Camp was conducted in the Centre from 17<sup>th</sup> August 2009 to 11<sup>th</sup> September, 2009.
5. FCI Sports events were conducted at the centre on the 20<sup>th</sup> & 21<sup>st</sup> August 2009.
6. LIC conducted the South Zone Volley Ball Tournament from 15<sup>th</sup> July 2009 to 17<sup>th</sup> July, 2009.

**Visit of Sporting Luminaries to RSC:**

1. Indian Tennis Legend Shri Mahesh Bhupati visited Regional Sports Centre on 5<sup>th</sup> February 2009. An interaction with the trainees of RSC MBTA was arranged and outstanding Tennis players who had secured National/State achievements were honoured on this occasion.
2. Badminton Ace Saina Nehwal visited RSC on 6<sup>th</sup> December, 2008 along with her coach Shri Pullela Gopichand, Former All England Champion. She was bestowed Honorary Membership of RSC on this occasion. Ms. Saina Nehwal gave away mementos to the budding sporting talents of RSC.
3. Shri Roshan Lal, Senior Badminton Coach of India imparted coaching to RSC trainees for a period of one month from 21<sup>st</sup> July 2009 to 20<sup>th</sup> August 2009.

**Names & Addresses of Various Clubs affiliated To RSC:****IN KERALA**

- 1) Sri Mulam Club, Vazhuthacaud, Trivandrum – 695 010. Tel: 95471 2722980, 2723008.
- 2) Aquatics Club, Aristo Road, Thrissur – 680 005 (Tel: 0487 – 2428824, 2428773)
- 3) Kottayam Club, Devalokam Road, Muttambalam, Kottayam – 686 004 (Ph: 0481 - 2578903, 2576072)
- 4) Travancore Club, Perumthuruthy P.O., Thiruvalla – 689 107 (Tel: 0469 2645909, 2645409)
- 5) The Exclusive Club, O.P. Raman Road, P.O. Civil Station, Calicut – 673 020 (Tel: 0495 2370284, 2347538, 2373066).
- 6) Muvattupuzha Club, Door No. MMC,XX/316, Velloorkunnam, Muvatupuzha-686 673. (Ph:2812451).
- 7) Periyar Club, Desom Post, Alwaye-683 103. – (Ph:0484)2605611/ 2606963/ 2604695.

**IN OTHER STATES:****KARNATAKA**

- 8) The Karnataka State Billiards Association, 5/1, Miller Tank Bed Area, Bangalore - 560 052 (Tel: 080 – 22251223, 22269970, 22263686 Fax: 080 22257315, 22254756)



- 9) The Indira Nagar Club, 9<sup>th</sup> Main, 4<sup>th</sup> Cross, HAL 2<sup>nd</sup> Stage, Bangalore – 560008 (Tel: 080 - 25280323, 51153378)
- 10) East Cultural Association, No. 8, 100 Feet Road, Bangalore – 560 008 (Tel: 080 - 25262058, 25275241, 25260388 Fax: 080 25274864)
- 11) Koramangala Club, C A – 17, 6<sup>th</sup> Cross, 6<sup>th</sup> Block, Koramangala, Bangalore – 560 095. (Tel: 080 – 25531864, 25525333, 25520255 TF: 080 25529494)
- 12) Karnataka Badminton Association, No.4, Jasma Bhavan Road, Miller Tank Bed Area, Bangalore-560 052, Bangalore. – (Ph: 22263686)

**TAMIL NADU**

- 13) The Kerala Club, 78-80, A.T.T. Colony, Coimbatore – 641 018, Tamil Nadu (Tel: 0422 - 2216231, 2215178, 2213642)
- 14) L'AMICALE Club & Resorts Pvt. Ltd., Thiruvalluvar Salai, Ramapuram, Chennai – 600 089. Tel: 044 22490611, 22490612
- 15) Hill Country Clubs, Arackal, Attuvampatty P.O., Kodaikanal – 624 101 (Tel: 04542 40953 / 54 / 58 Fax: 04542 40947)
- 16) The Windsor Club, 14, Rajaji Road, Salem – 636 007 (Tel: 0427 - 2415060, 2417346 Fax: 0427 - 2417346)
- 17) Towers Club, W-Block, 3<sup>rd</sup> Main Road, Chennai-600 040. (Ph: 044-26282650).
- 18) Hill Country Clubs, Jaganathan Road, Nungampakkam, Chennai-600 034 (Ph:8221930).
- 19) Tirupur City Club, Ammapalayam, Avinashi Road, Tirupur-641652 (Ph:91-421-2255459,2256269) – E-mail : martingp@gofurore.com

**ANDHRA PRADESH**

- 20) The Country Club, 6-3-1219, Begumpet, Hyderabad – 500 016. (Tel: 040 23402000, 23412750 Fax: 040 23406854) & Country Club International at Hyderabad, Bangalore, Mysore, Chennai, Mumbai, Mohali & Vishakhapatnam.
- 21) Chiraan Fort Club, 1 – 8 – 334, Opp. Begumpet Police lines, Near HUDA Office, Secunderabad – 500 003 (Tel: 2790 1700, 2790 0900 Fax: 2790 1544).

**NEW DELHI**

- 22) Safdarjung Club, Safdarjung Enclave, New Delhi – 110029 (Tel: 011- 26108884, 26107671, 26104110)
- 23) India Tennis Centre, R.K. Khanna Tennis Stadium, Tennis Complex, Africa Avenue, New Delhi – 110029 (Tel – 011 – 26176250, 52, 53, 56).

**MAHARASHTRA**

- 24) Nasiklub, Nasik – Pune Road, Nashik – 422 011 (Tel: 0253 - 2417931, 2411254 Fax::2532416307)
- 25) Club up Town International, Apte Junction, Mumbai-Goa Highway, Panvel Dist., Raigad, Maharashtra (Tel: 02192 - 56052 / 53 / 54 )
- 26) Marine Centre, 616, Marine Street, Juhu Gaon, Sector 11, Vashi, New Mumbai – 400 703 (Tel: 022 – 789 7055, 789 7229, 765 4217 Fax: 022 7897056)
- 27) Kamala Vihar Sports Club, Poisar Gym Khana Road, Kandivali(W), Mumbai-400 067 Tele-2808 8889, 2808 2305- ( Fax 2808 890-9, 2620 0681) – E- Mail kvsc9@redifmail.com

**RAJASTHAN**

- 28) District Club of Pali, Near Dak Bungalow, Civil lines, Pali - Marwar, Rajasthan – 306401 (Tel: 0091 – 2932 - 250822, 220832)
- 29) Jaisal Club, Riico Colony, Jaisalmer, 345 001 (Tel: 54999).



30) Umed Club, Old Public Park, Gaushala Grounds, Jodhpur – 342 006, Rajasthan, India (Tel: 0291 – 2511010, 2619999, 2629999)

31) Jey Krishna Club, Vinay Marg, Alwar, Rajasthan - 301 001 (Tel: 0144 – 2337566, 2344468)

### **GUJARAT**

32) City Club, Bopal, Sterling City, Bopal, Ahmedabad – 3800058 (Tel: 902717-31247//31507).

33) Royal Park Club Resort, ONGC Circle, Surat Dumas Road, Magdalla, Surat-395007. (Phone: 0261-2722100/2722100/2722200/ (Fax: 0261-2722100/ (E/mail: [info@royalparkresort.com](mailto:info@royalparkresort.com))

### **KOLKATA**

34) Happy Club, Shanthiniketan, 8 Camac Street, Floor 4, Suite 15, Kolkata - 17. (Tel: 033 - 22828741/42 Fax: 033 22821039).

### **Social Obligations:**

On the recommendation by Schools or Municipalities/Panchayaths/Corporation, the talented children below poverty line of the community are being offered free coaching.

### **NATIONAL GAMES:**

The Regional Sports Centre has been selected as the venue for Shuttle Badminton and Table Tennis in the forthcoming National Games, 2010 in May. An overhaul upgrading of the accommodation and lighting facilities along with airconditioning of the stadium is expected to be done by the State Government for the conduct of the games. This will raise the sporting standards of the stadium to international levels and make it a ‘**Center of Excellence in Sports & Games**’.

### **Recognition for RSC:**

Shri S.A.S. Navaz, IRS, in his capacity as the ‘Outstanding Sportsman’ in the Executive Committee, is nominated by the Planning Commission of India as a Member of the ‘Consultative Group’ on Youth Affairs & Sports constituted to take stock of the approved programmes of the Eleventh Five year Plan (2007-2012) and to induct alternative perspectives, new ideas and non-governmental inputs in terms of research findings, best practices into the process of Mid Term Appraisal (MTA) of the Five Year Plan. Prior to this, Shri Navaz was also invited by the Sports Ministry to attend a workshop in New Delhi on ‘Legacy in Sports’ from 13<sup>th</sup> to 17<sup>th</sup> July 2009 conducted by a team from London. The subject matter was Public Private Participation (PPP) to maintain sports complexes in India where he highlighted the infrastructure and functioning of the Regional Sports Centre over the years and the secret of its success by way of a Power Point Presentation. This is indeed a very prestigious post and we congratulate Shri Navaz and wish him all success in his new assignment.

### **Conclusion:**

Let me conclude by thanking the members of the Executive Committee all other members for the active and selfless interest taken by them in the day to day activities.

Let me thank the Chairperson and District Collector Dr. M. Beena, IAS and the President and City Police Commissioner Shri Manoj Abraham, IPS for their unstinted support and patronage .

Hoping for another year of excellence.

Kochi-20  
27.08.2009

For and on behalf of the Executive Committee

Sd/-  
Dr. Sunil K. Mathai  
(Hony. Secretary)



## AUDITORS' REPORT

The Members,  
Regional Sports Centre,  
Ernakulam-682 020.

We have audited the attached Balance Sheet of REGIONAL SPORTS CENTRE as at 31<sup>st</sup> March,2009 and the annexed Income and Expenditure account together with Schedules for the year ended on that date. These financial statements are the responsibility of the Society. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by the society, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion. We report that:

1.
  - a) We have obtained all the information and the explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit, *except to the extent stated in (d) below*:
  - b) The Balance Sheet and Income & Expenditure account are dealt with by the report are in agreement with the books of accounts.
  - c) In our opinion, proper books of accounts have been kept by the society, so far as appears from our examination of the books.
  - d) *No provision has been made in the accounts in respect of the following items the final liability of which cannot be ascertained at this stage.*
    - (i) *Rs1.31 lakhs claimed by a contractor in a prior year towards construction of a reception area on the ground that the said claim has not been approved by the executive committee as stated in note No 2 attached to the accounts.*
    - (ii) *Rs7.54 lakhs recovered in a prior year by the income tax authorities for default in tax deduction at source and included under advances recoverable pending giving effect to the revisionary proceedings in this regard, as stated in Note No 3 attached to the accounts.*
2. In our opinion and to the best of our information and according to the explanations given to us the said accounts, *subject to 1(d) above*, read together with the accounting policies and other notes attached thereto, give the information required and give a true and fair view :
  - (i) In the case of Balance Sheet, of the state of affairs of the Society as at 31<sup>st</sup> March 2009 and ;
  - (ii) In the case of Income & Expenditure Account, of the excess of expenditure over income of the Society for the year ended 31<sup>st</sup> March 2009.

For VARMA & VARMA  
Chartered Accountants

Sd/-  
(VIVEK KRISHNA GOVIND)  
PARTNER

Place: Kochi-16  
Date: 31.08.09



**REGIONAL SPORTS CENTRE**  
**BALANCE SHEET AS AT 31.03.09**

Liabilities	Sch	Amount (Rs.)		Assets	Sch	Amount (Rs.)	
		As at 31.03.09	As at 31.03.08			As at 31.03.09	As at 31.03.08
Capital Fund (as per last Balance Sheet)	1	53,699,245	52,361,070	Fixed Assets Capital Advances Current Assets, Loans & Advances:	4	57,147,108	58,057,778
Sports Development Fund		2,275,000	522,500	Receivables		410,357	157,086
Grant -Kerala Sports Council		5,000,000	5,000,000	Deposits	5	228,525	205,574
Deposits	2	2,608,421	2,317,221	Loans & Advances		1,494,750	1,226,687
Sundry Creditors- for expenses		474,220	1,201,127	Prepaid Expenses		43,603	23,152
Other Current Liabilities	3	1,605,155	1,092,980	Cash & Bank Balances	6	5,812,698	2,824,621
		<b>65,662,041</b>	<b>62,494,898</b>			<b>65,662,041</b>	<b>62,494,898</b>

Notes to Accounts attached 15 As per our separate report of even date attached

Kochi - 16

Date : 31.08.09

Sd/-

Dr. M. Beena, IAS

Chairperson

Sd/-

Mr. Manoj Abraham, IPS

President

Sd/-

Dr. V.V George

Vice-President

For Varma & Varma

Chartered Accountants

Sd/-

Dr. Sunil. K. Mathai

Hony. Secretary

Sd/-

Mr. Radhakrishnan V.P,FCA

Hon. Treasurer

Sd/-

Vivek Krishna Govind

Partner

(M No.208259)



<b>REGIONAL SPORTS CENTRE</b>								
<b>INCOME &amp; EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.09</b>								
Expenditure	Sch	Amount (Rs.)			Income	Sch	Amount(Rs.)	
		For the year ended 31.3.09	For the year ended 31.3.08	For the year ended 31.3.09			For the year ended 31.3.08	
To Salaries & Allowances	7	2,126,006	1,594,731	By Subscription	12	551,264	499,832	
" Remuneration to coaches		1,276,104	1,282,965	" Rent	13	6,135,878	5,835,438	
" Provident fund		137,268	107,530	" Other income	14	4,550,265	3,746,876	
" Staff welfare expenses	8	13,125	14,834	" Interest		76,858	241,531	
" Electricity & water charges (Net)		2,080,968	2,082,575	" Excess of expenditure over income		2,293,575	3,010,894	
" Insurance		31,845	37,448					
" Repairs & Maintenance		1,475,549	3,173,203					
" Postage, Telegram & Telephone	9	142,040	143,699					
" Printing & Stationery		226,137	184,229					
" Advertisement		57,398	52,566					
" Travel & Conveyance		64,317	45,412					
" Legal and professional charges		84,632	44,060					
" Office expenses		120,126	119,653					
" Donation given to Sportsperson		45,000	-					
" Audit fees		16,773	18,461					
" General charges	10	800,011	537,117					
" Consumables	11	968,472	581,020					
" Summer camp expenses		609,438	500,560					
" Loss from Championships(Net)		276,627	15,481					
" Bad debts written off		-	5,700					
" Loss on sale of asset		-	3,840					
" Depreciation		3,056,004	2,789,487					
		<b>13,607,840</b>	<b>13,334,571</b>			<b>13,607,840</b>	<b>13,334,571</b>	
Notes to Accounts attached	15	As per our separate report of even date attached						
Kochi - 16								
Date : 31.08.09								
Sd/- Dr. M. Beena, IAS Chairperson	Sd/- Mr. Manoj Abraham, IPS President	Sd/- Dr. V.V George Vice-President	Sd/- For Varma & Varma Chartered Accountants					
Sd/- Dr. Sunil. K. Mathai Hony. Secretary	Sd/- Mr. Radhakrishnan V.P,FCA Hon. Treasurer		Sd/- Vivek Krishna Govind Partner (M No.208259)					



## REGIONAL SPORTS CENTRE

### SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.09

	As at 31.03.09 (Rs)	As at 31.03.08 (Rs)
<b>SCHEDULE 1- CAPITAL FUND</b>		
Capital Fund (As per last balance sheet)	52,361,070	53,266,664
Add: Entrance Fees Received	5,384,250	2,627,800
	57,745,320	55,894,464
Less: Excess of expenditure over income	2,293,575	3,010,894
	55,451,745	52,883,570
Less: Transferred to Sports Development Fund	1,752,500	522,500
	<b>53,699,245</b>	<b>52,361,070</b>
<b>SCHEDULE 2-DEPOSITS</b>		
Shop room deposit	1,100,000	1,100,000
Security deposit	1,308,421	1,017,221
Office room deposit	200,000	200,000
	<b>2,608,421</b>	<b>2,317,221</b>
<b>SCHEDULE 3-OTHER CURRENT LIABILITIES</b>		
Rent Advance	434,105	265,280
Coaching Fee Advance	1,171,050	827,700
	<b>1,605,155</b>	<b>1,092,980</b>

## REGIONAL SPORTS CENTRE

### SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.09

	As at 31.03.09 (Rs)	As at 31.03.08 (Rs)
<b>SCHEDULE 5 -RECEIVABLES</b>		
Rent receivable	337,950	125,179
Less: Provision for doubtful debts	27,375	27,375
	310,575	97,804
Electricity and Water Charges Receivable	55,448	22,703
Restaurant Rent Receivable	21,000	20,000
Coaching Fees Receivable	23,334	16,579
	<b>410,357</b>	<b>157,086</b>
<b>SCHEDULE 6 - CASH &amp; BANK</b>		
Cash in Hand	25,030	26,007
Cash at Bank		
In Current Accounts	913,694	621,014
In Fixed deposit Account	4,873,974	2,177,600
	<b>5,812,698</b>	<b>2,824,621</b>



**REGIONAL SPORTS CENTRE**  
**SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.03.09**

**SCHEDULE 4 - FIXED ASSETS**

		(Rs.)					
Particulars	WDV as on 1.04.08	Additions during the year	Deletions during the year	Total	Rate	Depreciation for the year	WDV as on 31.03.09
Land development	139,305	-	-	139,305	-	-	139,305
Tennis, Shuttle, Squash Courts, Cricket Pitch and Skating Ring	10,469,060	68,640	-	10,537,700	-	-	10,537,700
Stadium building, Mini Auditorium, Restaurant, Swimming Pool and Other Building Structures	42,777,313	1,747,244	-	44,524,557	5%	2,211,367	42,313,190
Furniture & Fittings	1,620,112	167,618	-	1,787,730	10%	174,831	1,612,899
Table tennis Tables, Billiards and Basket Ball Boards	321,796	27,584	-	349,380	10%	34,855	314,525
Electrical Fittings	699,348	43,897	-	743,245	15%	111,445	631,800
Generators, Air Conditioners, Machinery and Other Assets	1,892,846	90,350	-	1,983,196	25%	489,006	1,494,190
Computers	137,999	-	-	137,999	25%	34,500	103,499
<b>Grand Total</b>	<b>58,057,779</b>	<b>2,145,333</b>	<b>-</b>	<b>60,203,112</b>		<b>3,056,004</b>	<b>57,147,108</b>
<b>Previous Year</b>	<b>48,508,935</b>	<b>12,376,947.00</b>	<b>55,693</b>	<b>60,830,188</b>		<b>2,772,411</b>	<b>58,057,778</b>



**REGIONAL SPORTS CENTRE**  
**SCHEDULES FORMING PART OF INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31.03.09**

	For the year ended 31.03.09 (Rs.)	For the year ended 31.03.08 (Rs.)
<b>SCHEDULE 7- SALARIES AND ALLOWANCES</b>		
Salaries & wages	1,870,916	1,368,122
Festival allowances	8,000	3,500
Overtime wages	85,380	75,320
Bonus	96,302	96,215
Earned leave encashment	65,408	51,574
	<b>2,126,006</b>	<b>1,594,731</b>
<b>SCHEDULE 8 - STAFF WELFARE EXPENSES</b>		
Uniform expenses	11,598	12,904
Medical Aid expenses	1,527	1,930
	<b>13,125</b>	<b>14,834</b>
<b>SCHEDULE 9- POSTAGE AND TELEPHONE</b>		
Postage and telegram	83,380	73,825
Telephone charges	58,660	69,874
	<b>142,040</b>	<b>143,699</b>
<b>SCHEDULE 10- GENERAL CHARGES</b>		
Cleaning charges (Net)	36,390	60,824
Laundry charges	54,588	34,727
Landscaping charges	182,159	161,212
Watch and ward expenses	103,680	86,400
Bank charges	14,348	9,863
Election expenses	58,613	-
Miscellaneous expenses	350,233	184,091
	<b>800,011</b>	<b>537,117</b>
<b>SCHEDULE 11 - CONSUMABLES</b>		
Badminton	542,668	331,394
Others	425,804	249,626
	<b>968,472</b>	<b>581,020</b>



## REGIONAL SPORTS CENTRE

### SCHEDULES FORMING PART OF INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.09

	For the year ended 31.03.09 (Rs.)	For the year ended 31.03.08 (Rs.)
<b>SCHEDULE 12-SUBSCRIPTION</b>		
Swimming pool	377,829	347,939
Others	173,435	151,893
	<b>551,264</b>	<b>499,832</b>
<b>SCHEDULE 13-RENT INCOME</b>		
Stadium	2,520,375	2,802,750
Conference hall	486,160	446,871
Ground	40,000	36,500
Restaurant	244,000	128,000
Health Club	113,400	105,000
Shop room	114,045	106,140
Office room	30,000	18,000
Rooms	2,219,273	1,901,177
ATM Counter	118,500	-
Mini Auditorium	105,000	262,500
Others	145,125	28,500
	<b>6,135,878</b>	<b>5,835,438</b>
<b>SCHEDULE 14- OTHER INCOME</b>		
Coaching fees	3,612,599	2,866,266
Guest fees received	171,375	100,360
Transfer of Life membership	480,000	435,000
Locker -maintenance charges	12,950	21,330
Transfer of shop room	50,000	25,000
Miscellaneous Income	123,341	136,498
Income From swimming pool	100,000	-
Profit on sale of Fixed Assets	-	162,422
	<b>4,550,265</b>	<b>3,746,876</b>

**SCHEDULE 15****NOTES ATTACHED TO AND FORMING PART OF THE ACCOUNTS****1. Significant Accounting Policies:**

- a) **Method of Accounting:**  
The accounts are maintained on mercantile basis except that subscription from members and entrance fees are on cash basis.
  - b) **Fixed Assets:**  
Fixed Assets are stated at cost less depreciation
  - c) **Depreciation:**  
Depreciation is provided on Written Down Value basis at the rates mentioned in the Schedule of Fixed Assets.
  - d) **Central Assistance from Government of Kerala towards capital projects is recognized when there is reasonable assurance that the same will be received.**
2. No provision has been made in the books of account in respect of an amount of Rs.1.31 lakhs claimed by a contractor in a prior year towards construction of reception area, since the same has not been approved by the Executive Committee.
  3. Advance recoverable includes a sum of Rs.7.54 lakhs recovered in a prior year by the Income Tax Authorities toward default in tax deduction at source. No provision has been made in the accounts towards probable liability on this account pending giving effect to the revisionary proceedings in this account.
  4. Grant- Kerala Sports Council represents Additional Central Assistance of Rs.50 lakhs for the projects approved by Department of General Education (Sports & Youth Affairs), Government of Kerala.
  5. Previous year's figure have been regrouped and recast wherever necessary to suit current year's layout.